

CONTEMPLATIVE MINI-RETREAT PRAYING WITH ICONS

Mini-meditation retreats every 3rd Saturday morning. Trinity's Contemplative Mini-Retreats offer meditation, contemplative prayer, and learning for anyone seeking support for their spiritual practice.

For our October Mini-Retreat, Fr. Jon Buffington, a Chaldean Catholic priest trained in Patristics & Early Church History and head iconography instructor at the Trinity Iconography Institute, teaches how to use icons in our own practice and give us historical background on their ancient use.

In Orthodox and other Eastern Christian communities, icons are seen as a result of the Incarnation of the Word, allowing us to converse with the Mystery represented. They are interactive, connecting us with the divine through contemplation.



Saturday, October 19th

9:00 am-Noon*

Kempton Hall

**8:30am Newcomer Instruction*

For more information:

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